

**INTERNATIONAL NORMS AND RULES**  
**in the KATA SECTION**  
**at the ASIAN CHAMPIONSHIP**  
**in MANILA PHILIPPINES**  
**APRIL 26, 2025**



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## **ARTICLE 1. KATA COMPETITION AREA**

The competition area must be level and free of obstacles.

The competition area must be large enough to allow the complete Kata to be performed without interruption.

A level and stable area is necessary for the proper performance of Kata.

Kumite tatami is usually suitable for this.

## **ARTICLE 2. OFFICIAL UNIFORM**

WKB member competitors and judges must wear official uniforms, free of any logos or insignia of other organizations.

Anyone who does not comply with this rule will be disqualified.

A competitor may not remove his Karate-gi jacket during the performance of Kata.

Competitors who are not dressed correctly will be given one minute to correct it.

## **ARTICLE 3. ORGANIZATION OF KATA COMPETITIONS**

Kata competitions may be held individually or in teams.

Teams will consist of 3 people. The team is exclusively male or female. Individual competition consists of individual performance in separate categories for men and women.

Any Pinan or Kata from Karate Kyokushin may be performed.

Some variations of Kata are allowed according to the Kyokushin organization of the participant, except in cases where it is a competition only for members of WKB.

Participants must perform different Kata in the first three rounds. From the fourth round onwards, the Kata may be repeated as many times as the participant decides, including the final.

When performing Kata in teams, the team performs the chosen Kata as usual

## **ARTICLE 4. JUDGING BOARD**

A panel of five judges for each match is appointed by the Chief Judge.

The Chief Judge is positioned in the center in front of the competitors. The other judges will be seated at the corners of the competition area.

Each judge shall have a white and a red flag, as well as a whistle.

## **ARTICLE 5. JUDGING CRITERIA**

KATA is not a dance or a theatrical performance. It must preserve traditional values and principles.

KATA must be realistic in relation to combat and demonstrate concentration, strength and potential impact during the execution of a technique.

The competitors must demonstrate strength, power and speed, as well as grace, rhythm and balance.

In a team KATA (if such is held), three members of a team must start performing the KATA in the same direction and towards the Chief Judge, and all team members must demonstrate equal competence in all aspects of the KATA performance, as well as synchronization.

When it comes time to evaluate the competitors or team, the judges will evaluate his/her/their performance on four main criteria: conformity, technical level, sporting level and technical difficulty. During the evaluation of the KATA, each criterion of the 4 basics will have the same value.

Bunkai will have the same value as Kata.

### **CONFORMITY**

School uniform and standards are only discussed if it is an exclusive championship WKB

### **TECHNICAL LEVEL**

The following variables will be taken into account when evaluating this section:

- Positions
- Techniques
- Transitional movements
- Timing
- Control
- Concentration (Kime)

### **SPORT LEVEL**

The following variables will be taken into account when evaluating this section:

- Power
- Speed
- Balance
- Timing

### **TECHNICAL DIFFICULTY**

The technical difficulty of the KATA will be taken into account when evaluating the KATA.

## **ARTICLE 5.1. CRITERIA FOR DISQUALIFICATION OF A COMPETITOR**

Competitors or a team may be disqualified for any of the following reasons:

- Incorrect execution of the KATA or incorrect announcement of the KATA.
- Unerring prolonged pause of more than 3-5 seconds or a delay of several seconds during the execution of the KATA.
- Interfering with the judges (e.g. a judge is forced to move for safety reasons or touching a judge).
- Falling of the belt during the performance of KATA
- Bad behavior or failure to follow the instructions of the Chief Judge

## **ARTICLE 5.2. MISTAKES**

In accordance with the above criteria, the following errors shall be taken into account when judging:

- Slight loss of balance.
- Executing a movement incorrectly or incompletely (The salute is considered a sign of respect and part of the Kata movements), such as failing to block or striking beyond the target.
- Unsynchronized movement, such as performing a technique before completing the body transition, or in a team case, failure of all team members to perform the movement at the same time.
- Using audible commands (from any other person, including other team members) or actions, such as slapping the ground with the feet, slapping the chest, arms or karate-gi, or inappropriate breathing.
- Wasting time, including lengthening the walk, too many salutes or pausing too long before starting the Kata.

- The commands to start and stop the performance of Kata, hitting the ground with the feet, hitting the chest, arms, karate-gi or inappropriate breathing are all inappropriate and the referees must take them into account when making their decisions.

## **ARTICLE 6. MATCHES**

At the beginning of each match, when the contestants are called by name, both contestants, one with a red belt (AKA) and one with a white belt (SHIRO), line up at the perimeter of the competition area, facing the Chief Referee.

If the contestant does not appear when called by the referee, he is disqualified after three calls with an interval of 1 minute between each call. These calls must be duly broadcast over the public address system of the venue where the championship is being held.

The starting point of the Kata performance must be inside the perimeter of the competition area.

In the case of intermediate rounds, the competitor bows upon entering the competition area and then to the judging panel before the start of the KATA

In this Tournament, the matches are held using flags, after greeting the referee panel and then greeting each other, SHIRO and AKA together, go to the starting point (the place where the KATA will begin) and clearly announce the name of the Kata that he/she will perform, and begin performing together. All the judges and the Referee try to evaluate the KATA of both competitors and after performing the KATA, they all together make a decision - which of them won, raising one or another flag of the participant.

After the performance of AKA and SHIRO, both participants will return to the perimeter of the competition area and will wait for the decision of the referee panel.

If the kata does not comply with the rules or any other violation is committed, the head referee can call other judges to make a verdict.

If a participant is disqualified, the head referee crosses and then spreads the flags to the sides.

After the contestants have performed their KATA, they will remain next to each other around the perimeter of the competition area. The head judge will call for a decision (HANTEI) and a two-tone horn and whistle will sound. At this point, the judges will make their decision. After allowing sufficient time for the votes to be counted (about 5 seconds), the flags will be lowered after another short whistle blast.

The decision will be for AKA or SHIRO. Ties are not allowed. The contestant with the most votes will be declared the winner.

The contestants will greet each other, then the panel of judges, and finally leave the competition area.

If a contestant or team does not appear or does not come out when called (Kiken), the victory will be automatically awarded to the opponent, without the need to perform the previously notified KATA. In this case, the contestant or team will be able to perform the Kata announced in the next round.

In the case of judging on number boards, in the event of a tie, the maximum points received by each participant will be counted to proceed to a tie-break, and if the tie is maintained, the minimum points will also be counted.

In case even after the above operations there is still a tie between the two contestants, each one repeats a kata of his/her own choice from among those available for his/her category, in this case the evaluation is done by flags.

The contestant always salutes when entering the competition area.

When the referee calls him/her to perform KATA, being in the initial position for performing KATA, he/she salutes the judging panel again and clearly announces KATA.

In case it requires, KATA begins with a short period of concentration or mokusho (eyes closed), then the kata is announced with the opening of the same, followed by the position of Yoi-Dachi (with Ibuki Sankai breathing) and the performance of the same begins.

Once the KATA is completed, the contestant returns to the position of mokusho (eyes closed) and then to the position of Fudo-dachi, waiting for the center referee to indicate that the contestant may leave the competition area.



**ARTICLE 7. KATA categories for all ages in combined groups  
(boys and girls - together)**

<b>CATE GORY</b>	<b>1 ROUNDS (POINTS)</b>	<b>2 ROUNDS (POINTS)</b>	<b>3 ROUNDS (POINTS)</b>	<b>FINAL (FLAGS)</b>
8-11	Taikioku sono ichi	Taikioku sono san	Pinan sono ichi	Kata that was not performed in 2-3rd round
12-13	Pinan sono ichi ni	Pinan sono ni	Pinan sono san	Kata that was not performed in 2-3rd round
14-15	Pinan sono san	Pinan sono go	Tsuki no kata	Kata that was not performed in 2-3rd round
16-17	Tsuki no kata	Gekisai dai	Gekisai sho	Kata that was not performed in 2-3rd round
18-21	Gekisai sho	Seinchin	Garyu	Kata that was not performed in 2-3rd round
22+	Gekisai sho	Seinchin	Garyu	Kata that was not performed in 2-3rd round
35+	Tsuki no kata	Gekisai dai	Gekisai sho	Kata that was not performed in 2-3rd round

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